



2950 SW 87 Avenue
Miami, FL 33165
Phone: 305-223-5181
Fax: (305) 220-7434
Email: sabres@stbhs.org
www.stbhs.org



Community Resource Directory

**Building a better world,
one student
at a time**



ST. BRENDAN
CATHOLIC HIGH SCHOOL

Guidance Department



Dear Parent(s)/Guardian(s):

As part of our commitment to maintaining a safe and drug-free school, we are providing this **COMMUNITY RESOURCE DIRECTORY**, which includes emergency phone numbers for problems that high school students and their families may encounter. St. Brendan High School has many resources that help our students develop self-esteem, awareness and qualities which help them make healthy decisions. These programs also emphasize the consequences of making the wrong decisions.

All of us at St. Brendan High school feel it is necessary to maintain communication with parents, guardians and families; we feel communication is key to prevention. By continuing to work together we can make a difference in the lives of your children. Please feel free to call any member of our counseling or administrative staff for additional information about available resources. You may also visit our website at www.stbhs.org

Bro. Felix Elardo

Bro. Felix Elardo, FMS

Principal



NOTES

ST. BRENDAN HIGH SCHOOL MISSION STATEMENT

Philosophy

We the stakeholders of Saint Brendan High School, believe that:

- Each student is a valued individual with unique physical, social, emotional, intellectual, and spiritual needs.
- Our students' learning needs are the primary focus of all decisions impacting the work of school.
- Our students' self-esteem is enhanced by positive relationships and mutual respect among and between students and staff.
- Our school is a place that provides a strong Catholic Foundation with meaningful spiritual experiences.
- Our school provides students and teachers with a safe and orderly environment for learning.
- Education is a life-long activity.
- Students learn in different ways and are provided with a variety of instructional approaches, extra-curricular activities, and athletic programs.
- Teachers, administrators, parents, and the community share the responsibilities of advancing the school's mission

With these beliefs as our foundation, our mission is:

To challenge students toward self-realization and cultivate life-long learners, who will contribute to a culturally diverse society with the Catholic vision of Christian love.



NOTES



Catholic Charities, Miami Dade..... 305-754-2444

9401 Biscayne Blvd.

Miami, Florida 33138

www.catholiccharities.adm.org

Child Abuse and Neglect Hotline.... 800-4-A-CHLD

www.childhelpusa.org

Department of 850-488-8304

Children and Families

1317 Winewood Blvd.

Building 3, Room 102

Tallahassee, Florida 32399

Florida Bar..... 850-561-5600

www.floridabar.org

Hope Program..... 305-284-2599

A program that helps others through pro bono efforts.

www.personal.law.miami.edu

Miami- Dade State Attorney Office... 305-354-8725

305-547-0100

Miami-Dade County Public

Schools State Attorney Office..... 305-995-2755

HOSPITALS

Baptist Hospital of Miami..... 305-596-1960
8900 N. Kendall / Drive
www.baptisthealth.net

Jackson Memorial..... 305-585-1111

Miami Children’s..... 305-666-6511
6125 SW 31 St
www.mch.com

South Miami Hospital..... 786-662-4000
6200 SW 73 St
www.baptisthealth.net

Mercy Hospital..... 305-854-4400
3633 South Miami Avenue
www.mercymiami.com

**LEGAL ASSISTANCE &
STATE ATTORNEY’S OFFICE**

Catholic Charities..... 305-667-0387
Adoption Support Services. Wide range of
services and referrals for pregnant teens.

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Gamblers Anonymous..... 800-891-1740

Lupus Foundation of America..... 800-558-0121

National Headache Foundation..... 800-843-2256

National Kidney Foundation..... 800-622-9010
www.kidney.org

National Runaway Switchboard..... 800-627-4000

NMHA..... 800-969-NMHA
National Mental Health Association

National Multiple Sclerosis Society...800-FIGHT-MS
www.nationalMSSociety.org

National Stroke Association..... 800-STROKES
www.stroke.org

Panic Disorder Information Line..... 800-64-PANIC
www.nimh.nih.gov

S.A.F.E. Alternative Program..... 800-DON'T-CUT
(Self Abuse Finally Ends)



American Diabetes Association..... ..800-232-2472
www.diabetes.org

American Heart Association..... 800-242-8721
www.americanheart.org

Anxiety Disorders Education..... 888-8-ANXIETY
www.anxiety-miami.com 305-365-6589

Arthritis Foundation Information..... 800-283-7800
www.arthritis.org OR www.seekwellness.com

Asthma and Allergy 800-7-ASTHMA
Foundation of America
www.allergyweb.com

Cancer Information Services..... 800-4-CANCER
www.cancer.org

Depression and Bipolar..... 954-923-0073
Support Alliance
www.goldcoastdbsa.com

Domestic Violence Hotline 800-799-SAFE
www.ndvh.org

Florida Abuse Hotline..... 800-96-ABUSE



EDUCATIONAL FINANCIAL AID

U.S. Department of Education..... 800-4-FED-AID
www.floridastudentfinancialaid.org

Free Application for Federal Student Aid
www.facts.org

Information in regards to Florida Bright Futures
Scholarship

Information from HEATH..... 800-544-3284
National Clearinghouse on Postsecondary Education
HEATH Resource Center
2121 K. Street, NW Suite 330
Washington, DC

Publishes newsletters in regards to postsecondary
education for persons with disabilities; also pub-
lishes a resource directory.





FAMILY AND ADOLESCENCE THERAPY

Lissette Perez..... 305-538-5678

5975 Sunset Drive
Suite 506
South Miami, Fl 33143
Licensed Psychologist

Miguel Mandoki, MD., JD.....786-621-0050

1611 NW 12 Avenue
Coral Gables, Fl 33134
Child, Adolescent & Forensic Psychiatry

Lucy Blanco.....305-668-9552

2000 S. Dixie Highway
Suite 102
Licensed Medical Health Care

Jose Goyos, M.Ed., LCSW..... 305-551-4066

Licensed Therapist

Ana Moreno, L.M.H.C..... 786-662-4851

S. Miami Hospital Addiction Treatment Program
6200 SW 73 Street
Miami, Fl 33143



**South Florida Region Helpline..... 1-866-288-6262
for Narcotics Anonymous**

Kendall Hotline..... 305-265-9555

Suicide Crisis Hotline..... 305-358-2477

**Switchboard of Miami 305-377-8336
Crisis and Suicide**

Teen Hotline..... 305-358-4257

Teen Link..... 305-377-8336

Tough Love Parent Support..... 800-926-KIDS

Roxcy Bolton Rape..... 305-585-7273

Treatment Center

1611 NW 12 Avenue
Miami, Florida 33136

Provides a comprehensive approach to the care
and treatment of victims of sexual abuse.

Alzheimer's Association..... 800-272-3900

www.alz.org



Children’s Medical Services..... 305-669-6931

3100 SW 62 Avenue
Miami, Florida 33155
www.cms-kids.com

**Covenant House Teen..... 800-999-9999
Crisis Line**

Cocaine Anonymous Hotline..... 954-779-7272
Dade, Broward and Palm Beach
www.fla-ca.org

Florida Department of Health
www.doh.state.fl.us

Milestones in Recovery..... 800-347-2364
1928 NE 154 Street
North Miami Beach
Treatment program for anorexia, bulimia and other disorders .

Narcotics Anonymous..... 1-818-773-9999
Provides recovery process and a support network for addicts and their families.
www.na.org



Marino Carbonell..... 305-662-1776

7344 SW 48 Street
Suite 104
Substance Abuse

Jessica M. Gurvit, MD., P.A 954-680-3296
Loss & Grief

Children’s Bereavement Center305-668-4902
7600 S. Red Road
Suite 307
South Miami, Florida 33143

Provides families in South Florida a loving support in a safe environment where children, teens and their families grieving a death can share their experiences as they move through their healing process.

Miami Counseling & Resource..... 305-448-8325
111 Majorca Ave.
Suite B
Coral Gables, Fl 33134

Testing for learning disabilities, gifted & ADHD; plus all types of counseling.

www.miamicounseling.com



Miami Children’s Hospital....305-666-6511 ext. 2465

Psychiatry

- E.Y.A. - 800-914-3937

Eckerd Youth Alternatives

100 N Starcrest Drive

P.O. Box 7450

Clearwater, Florida 33758

www.eckerd.org

Program services boys and girls ages 8-18 who are at risk or exhibit emotional and behavioral problems at home, school or in the community.

NCADD..... 212-269-7797

National Council on Alcoholism

And Drug Dependent, Inc.

22 Cortlandt Street, Suit 801

New York, NY 10007-3128

www.ncadd.org



HEALTH CARE , TOLL FREE
NUMBERS & HOTLINES

AIDS Hotline..... 800-FLA-AIDS

Spanish..... 800-545-SIDA

Alcoholics Anonymous.....305-461-2425

- 24 hours -

ainmiami@bellsouth.net

Al-anon/Alateen..... 888-4AL-ANON

Support group for families, friends and teens in alcoholic families.

www.al-anon.org

American Red Cross..... 305-644-1200

- Social Services -

335 SW 27 Avenue

Miami, Florida 33135

ANAD..... 800-327-4545

(Anorexia Nervosa & Associated Disorders)

www.anad.org